



RACE GUIDE

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WWW.ONELOVEENDURANCE.COM



OCTOBER 12, 2024

EARLY PACKET PICKUP

Location: Start/Finish Line @ TBA (Check Website & Email Update)

FRIDAY, OCTOBER 11, 2024

4 PM to 6 PM

RACE MORNING PACKET PICKUP

Location: Start/Finish Line @ Hartman Rocks Rec Area

SATURDAY, OCTOBER 12, 2024

7:00 AM

RACE START TIMES

8 AM - 50K

8:15 AM - 25K

8:30 AM - 15K

DIRECTIONS TO THE START/FINISH LINE

Head West on Hwy 50 from downtown Gunnison and turn left on Gold Basin Road (follow the brown Hartman Rocks signs).

Turn right into the base area for Hartman Rocks Recreation Area (at the big Hartman Rocks sign).

There will be event parking starting at 6:45 am on Saturday.

RACE CREW & SPECTATORS

Spectators are welcome to come to the finish line to cheer for the finishers!

Crew and spectator access is not allowed on course.

We will have fully stocked fuel stations, plus friendly volunteers, to take care of runners out on course. Crew and spectators arriving at the fuel stations may be asked to leave.

Runners will be held responsible for the actions of their crew and spectators.

PRICING

DATES	50K	28K	15K
12/1 - 5/31	\$115	\$85	\$60
6/1 - 8/31	\$130	\$100	\$65
9/1 - 10/14	\$150	\$115	\$75

FUEL STATION MILEAGE & CUT OFF TIMES

50K

NUMBER	NAME	MILES	MILES TO THE NEXT	CUT OFF TIME
1	Backdoor	5	4.6	
2	Josie's	9.6	4	
3	Powerline	13.6	1.7	
4	Powerline	15.3	3.5	Noon
5	Bambi	18.8	4	
6	Josho's	22.8	3.7	2 PM
7	Josho's	26.5	4.3	
	Finish	30.8		4:15 PM

28K

NUMBER	NAME	MILES	MILES TO THE NEXT
1	Backdoor	5	4.6
2	Josie's	9.6	4
3	Josho's	13.6	4.3
	Finish	17.1	

15K

NUMBER	NAME	MILES	MILES TO THE NEXT
1	Backdoor	5	4
	Finish	9	

FUEL STATION FOOD & HYDRATION

Fuel Stations are BYOC (Bring Your Own Cups)! The fuel stations will not be stocked with disposable cups. Runners should have cups/bottles/bladders to fill at the fuel station and finish line. One Love Endurance Events will provide a reusable, collapsible Hydrapak Cup for all runners at packet pickup!
Cupless racing is sponsored by HydraPak.
Trash and recycling are available at fuel stations. Please be aware and place in proper bins.

You will find the following food & hydration at most fuel stations.

- Water
- Gatorade
- Soda
- Peanut Butter Tortillas
- Banana Bread
- Chips
- Pretzels
- Bananas
- Oranges
- Oreos
- Rice Krispie Treats
- Candy-Chocolate
- Jelly Belly Sports Beans
- GU
- Pickles
- Cheese Quesadillas (select aid stations)
- Potatoes & Salt (select aid stations)
- Ice (select aid stations)

FINISH LINE FOOD & HYDRATION

- Water
- Gatorade
- Soda
- Seltzer Water
- Bananas
- Oranges
- Chili
- Tortilla Chips and/or Cornbread
- Candy-Chocolate
- Ice

RACE RULES

- Runners will be held responsible for the actions of their crew.
- No littering anywhere on course or at any aid stations! Littering is grounds for disqualification and will be enforced. Hold your trash until you find an appropriate receptacle. If you find trash from others, please pick it up and throw it away.
- Do not cut switchbacks. You must follow the trail as it has been marked.
- Vehicle and bicycle pacing is prohibited.
- Race cutoff times are listed alongside the fuel station information. These times will be strictly enforced to ensure the safety of the runners on course.
- All runners will abide by the directions of the medical personnel.
- Be sure your bib is attached to your body and is secured. If you don't have the bib, or lose yours during the race, you will not be in the results.
- Violation of any rule will be grounds for disqualification.
- Large vehicles will be required to park along the road and not in the parking lot.
- Leaving clothing at fuel stations is done at the risk of the runner. You may not get your clothing items back at the finish line. If your clothing is brought back to the finish line area, it is the runner's responsibility to find it in the gear bin after the race.

DISTANCE CHANGES

- *We highly recommend setting up an UltraSignup account at the time of registration, if you do not already have one. It is the most convenient way to manage your registration and manage your event credits.*
- You must complete this via UltraSignup:
 - ◆ **All changes must be made prior to 72 hours before the event date.** No changes will be made after this cut off time.
 - ◆ If you would like to downgrade to a shorter distance, you can, but you will not receive a refund.
 - ◆ If you would like to upgrade, your original order will be removed and you are given a credit to re-register for another distance.
 - You will be directed to re-register. If you do not immediately re-register, the coupon will remain under your email until you do register.
 - ◆ To make these changes go into your account and select "registration history" and then click "edit" next to the event.

REFUND POLICY

Please Read Entirely For Directions on Canceling Your Registration

- *We highly recommend setting up an UltraSignup account at the time of registration, if you do not already have one. It is the most convenient way to manage your registration and manage your event credits.*
- No refunds will be given.
- No bib transfers are allowed.
- In the event the race is canceled for any reason, we will not offer refunds. We'll make an effort to offer credits based on the situation.
- If, after registering for the race, you are unable to attend, we will willingly transfer your race credit to any future One Love Endurance Events event in Ultrasignup as long as it is done within the window of cancellation for a percentage of the refund.
- The dollar amount that we will transfer will be determined by the length of notice given.
 - ◆ **All changes must be made 72 hours before the event date.** No changes or rollover credits will be made after this cutoff time.
 - ◆ In order to get the credit you must go into UltraSignup and cancel your registration. It will issue a credit into your account for any future One Love Endurance Events event.
 - ◆ If you notify us prior to 60 days before the event date, you are eligible for a 100% rollover.
 - ◆ If you notify us prior to 30 days before the event date, a 75% rollover will be issued.
 - ◆ If you let us know prior to 72 hours before the event date, a 50% rollover can be applied.
- **To receive the credit, you will need to cancel your registration in UltraSignup.** Click the link located at the bottom of your registration receipt or by logging into your UltraSignup account. The credit will be attached to your account and will apply automatically the next time you register for a One Love Endurance Events event on UltraSignup.
 - ◆ The credit will be valid for one year.
 - ◆ Sending an email to race directors does not initiate the cancellation of your registration.
 - ◆ **You must do this yourself for the credit to apply.**

TRAIL RUNNING RECOMMENDED GEAR

Please consider carrying these essentials with you during your ultramarathon with One Love Endurance Events.

- Navigation (Examples: GPS Device, Course Maps, Smart Watch)
- Sun Protection
- First Aid (Examples: Band-aids, Moleskin, Gauze, Medical Tape)
- Emergency Blanket
- Raincoat, Gloves, Hat
- Nutrition
- Water